



Milton Keynes
Young People With Dementia

miltonkeynes.sms@nhs.net



YPWD-MK Newsletter Summer 2017

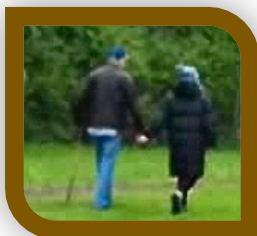
Diary Dates

20th July 2017 **Social: 6pm at Caldecotte Arms Bletcham Way MK7 8HP**

Reply

This newsletter was forwarded by your GP. To stay in touch we need your reply.

miltonkeynes.sms@nhs.net



Phone /
address:
see over

Will you join us?

We are a group of health professionals passionate about developing improved support for people living with Young Onset Dementia. We are encouraged by, and aspire to, the work of YPWD-Berkshire: www.ypwd-berkshire.co.uk.

We would like to build a network of people living with Young Onset Dementia in Milton Keynes, by hosting a series of social events throughout the year starting 6pm July 20th (see over). These will provide opportunities to meet others, offer hope and support, and share skills: all in a fun and relaxed environment.

Step Forward



Step Forward is a walking group for people with Young Onset Dementia and their families or friends. Walks are accessible to all levels of walkers, in a variety of Milton Keynes locations.

For more information about the waiting list, and registration forms; contact Sheila: miltonkeynes.sms@nhs.net.

David - "Step Forward walking group gets me out of the house, to meet others and be motivated to spend more time outdoors. I enjoy the cup of tea and chat after the walk." **Janet** - "it's excellent".

Linda - "I look forward to the walks and to exploring different areas".

Summer Social -

We warmly invite you to our Summer Social at The Caldecotte Arms on Thursday 20th July from 6.00pm. Food will be provided. Please advise in advance of your attendance. To contact us:

Email: miltonkeynes.sms@nhs.net

Phone: 01908 801020 ask for Jo

Write: YPWD-MK, c/o Specialist Memory Service,
Stantonbury Health Centre, Purbeck, Milton Keynes. MK16 4LE



All photos by Ginny

- RSVP!