




Milton Keynes  
Young People With Dementia

ypwdmk@gmail.com / 07927 965 573 / 



YPWD-MK Newsletter New Year 2020

## Diary Dates

	<b>New Year</b>
<b>Sat Jan</b>	<b>Party,</b>
<b>18<sup>th</sup></b>	<b>Disco and</b>
<b>2.30pm</b>	<b>AGM</b>
	<b>All welcome</b>

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<b>1st Feb</b>	<b>Tea and</b>
<b>2.30pm</b>	<b>Cake</b>

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<b>7<sup>th</sup> March</b>	<b>TBA</b>
<b>2.30pm</b>	



## Happy New Year

Can you believe it is 2020? We hope you will join us and feel free to invite family and friends too when we party in the New Year on Sat 18<sup>th</sup> January. There will be music, friends old and new, and food. Come and give us a great time!

## YPWD-MK

The AGM will take place during the New Year Party. It will involve a very short review of last year's finances and activities, followed by voting for the charity we will work together to support during 2020. Then the party can continue!



## Fundraising

Last Autumn Karen completed a sponsored walk around Blenheim Palace Park to raise funds for YoungDementia UK. Members of YPWD-MK had the opportunity to sponsor Karen, who raised £121 for the charity. Karen says:

“I really enjoyed meeting others and knowing I had achieved something, however small. There are many ways to fundraise, from coffee mornings or sponsored activities to furniture restoration and odd jobs. I am excited by our own 2020 charity challenge in which we hope to show that Young People With Dementia have a great deal to offer the world around them and can still improve other people’s lives despite their own difficulties.

## Can you write for this newsletter?

Remember to send in your reply to ‘What’s good in Milton Keynes for Young People With Dementia?’ and ‘Dementia did not stop me ...’ short stories with photos if possible. Also after 18<sup>th</sup> Jan your fundraising ideas!

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**Email:** [ypwdmk@gmail.com](mailto:ypwdmk@gmail.com)

**Facebook:** [www.facebook.com/YPWDMK](http://www.facebook.com/YPWDMK)



**Text/voicemail:** 07927 965 573

**Write:** YPWD-MK, c/o Specialist Memory Service,  
Stantonbury Health Centre, Purbeck, Milton Keynes. MK14 6BL